



MAY/JUN 2016
VOL 2 NO 3



“Welcome Home” **NEWSLETTER**

Extra – Extra!!

FREDDY'S FROZEN CUSTARD & STEAKBURGERS BLOWS OUR CHAPTER OUT OF THE WATER!!!



Presenter's Amy Langrock and Eric Dael

VIETNAM VETERANS OF AMERICA CHAPTER 1106 S. METRO DENVER, CO

At our March 5th meeting, Amy Langrock, Director of Marketing and Eric Dael, District Manager of ERC Management LLC, corporate owners of all of the Colorado Freddy's Frozen Custard & Steakburgers, made a fantastic donation to our chapter to assist in our efforts to help veterans and their families. The funds came from the public that dine at Freddy's by dumping their change into donation jars at the facility cash registers. It was a very emotional moment both for Amy and Eric (a Navy veteran) as well as President Lee White and our Funding/Grant Board Member, Milt Omoto. Bob and Barbara Rotruck are friends with Amy and her Colorado family members and we will be attending Amy's wedding in June.



L to R Bob & Barbara Rotruck, Amy Langrock, Eric Dael, Lee White, and Milt Omoto

Amy emailed Lee White and stated, "It was quite an emotional experience for us both. We were humbled to be there with such wonderful people and thank you all for your service! The wonderful people of the Denver Metro Community are the ones we thank for donating their money to Freddy's which in return, we could give to your organization. It was an honor. Thank you!!" How can we begin to thank you!

Thank you!!!



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“Welcome Home” **NEWSLETTER**

“Member Feature Article”

LEE WHITE – YN1 (YEOMAN FIRST CLASS) –
U. S. COAST GUARD – 1965-1969

Growing up in the rolling green hills of central Pennsylvania, (hillbilly) my future after graduating from high school, was in limbo.

After a year of odd jobs, I decided to join the Air Force. The nearest recruiter was some 30 plus miles away. A long distance since I had not been more than 50 miles away from home in my life. So, I proceeded to see the Air Force recruiter only to find him out to lunch, but low and behold, the Coast Guard recruiter was just across the hall, and I went into his office and stated “sign me up”. The draft board was right on my tail.

I enlisted in the Coast Guard on October 10, 1965 and proceeded to the Coast Guard Training Center, Cape May, New Jersey.

After 12 weeks of basic training, I was assigned to the Coast Guard Cutter, Spencer (WHEC 36) an ocean going weather/rescue ship, ported at Staten Island, New York. As luck would have it, we sailed a few weeks later for “ocean station bravo” off the coast of Greenland. This was in February, and watching out for ice flows, and icebergs was a cold assignment.

Another 9 months passed with additional weather patrols reaching as far south as Bermuda.

Next assignment, received orders to report to Yeoman School in Groton, CT for 16 weeks. Reassigned after school to the Coast Guard Cutter Half Moon (WHEC 378), Staten Island. After a few short months and ship’s training with the Navy in Guantanamo Bay, Cuba, the Half Moon was deployed to Vietnam in April 1967, under the direction of the Navy.

Long sea route took us from Staten Island, down the east coast, through the Panama Canal, to Pearl Harbor, Hawaii, then on to Subic Bay, Philippines, then being assigned to the newly formed Coast Guard Squadron Three. Our duties were to act as “mother ship” to Navy swift boat crews, boarding of sampans, trawlers that may be caring contraband from the north, and gun fire support missions.

After 10 months of patrols off the coast of South Vietnam Nha Trang, Vung Tau area *Half Moon visited a few “ports of call” for “Rest & Relaxation during our deployment, Hong Kong; Bangkok, Thailand; Kaohsiung, Taiwan; and Tokyo, Japan (all shore activities remain within these cities)* our ship was relieved and we headed back to Staten Island. Another 45 days at sea, arriving base St. George, Staten Island in March 1968.

After our return, crewmembers had a priority pick of duty stations, and I selected the Coast Guard Group Administration Office, Atlantic City, New Jersey as group yeoman. After 2 ½ years of sea duty, I was ready to stay on land.

Working two jobs, one at the Coast Guard and an outside job working at a nearby convenience

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store, I met my wife to be, Cookie, the best event, even after 45 years of marriage.

Honorably discharged on October 9, 1969 as Yeoman First Class.

Notes from the President

Lee White

Our Chapter 1106 is most fortunate to have officers and board members committed to the success of the organization.

At our regular monthly meeting held on April 2, 2016, all officers and board members were re-elected for a two year term. Congratulations! The newly elected officers and board members are:

Lee White ----- President
Robert Easter -Vice President
Hazel Simeon – Secretary
Paul Seppo ----- Treasurer
Patrick Surrena ---- Board Member
Milton Omoto ----- Board Member
Patti Ehline ----- Board Member
Joe Plant ----- Board Member

Events:

Our first main event of 2016 will be our “Poppy Give-A-Way Drive” scheduled for Memorial Day weekend on Saturday, May 28, 2016. We have reserved spaces at 3 King Soopers and a Sam’s Club. Locations are:

King Soopers at Hampden & Tower Road, Aurora
King Soopers at Buckley & Iliff, Aurora
King Soopers at Red Cedar Drive, Highlands Ranch
Sam’s Club at Park Meadows Drive, Lone Tree

The next event will be our journey to the Vietnam Memorial in Angel Fire, New Mexico. The ceremony will be in conjunction with the Rolling Thunder Chapter 1, Colorado and VVA Chapter 1106 on Saturday, June 11, 2016 at 2:00 PM. Contact me for more details. E-mail:

flyboy51@q.com

May Guest Speaker

Our next scheduled VVA Chapter 1106 monthly meeting will be on Saturday, May 7, 2016 at the South Metro Fire & Rescue Building, 9195 E. Mineral Avenue, Centennial, CO starting at 9:00 AM.

We have a special guest speaker: Congressman Mike Coffman, 6th. District

You are invited to join us, as Representative Mike Coffman shares with us, his recent legislative and congressional hearings pertaining to veterans, status of the Aurora VA hospital and more!!

Upcoming Events:

MAY

Saturday, May 7, 2016 - Chapter 1106 Monthly Meeting - Special Guest Speaker - Congressman Mike Coffman

Saturday, May 21, 2016, - Welcome Home Breakfast - Castle View High School, Castle Rock

Wednesday, May 25, 2016 - Honor Bell Foundation - Bell arrives in Denver

Saturday, May 28, 2016 - Poppy Give-A-Way Drive

JUNE

Saturday, June 4, 2016 - Chapter 1106 Monthly Meeting

Saturday, June 11, 2016 - Ceremony at the Vietnam Memorial, Angel Fire, NM

JULY

Monday, July 4, 2016 - Highlands Ranch 4th. of July Parade

Military Trivia

What is the **Five-Sided Puzzle Palace**? See answer at the end of the Newsletter

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Facts About World War II You Weren't Taught In School

This article is based on "World War II Facts: 65 Facts about WWII". This newsletter article only contains 34 of them. Words can't often describe the atrocities of World War II. When reflecting on this time in history most people are filled with despair and sadness. But it is said that those who do not learn from history are doomed to repeat it.

1. Fanta was invented in Germany when the war made it difficult to bring in Coca-Cola syrup from the US.
2. The SS officer who captured Anne Frank and her family bought her book to see if he was mentioned. He wasn't.
3. Russia and Japan still haven't signed a peace treaty to end WWII due to a dispute over sovereignty of the Kuril Islands.
4. The lift cables of the Eiffel Tower were cut by the French when Germany occupied France in 1940. As a result German soldiers had to climb to the top to fly the swastika flag.
5. The last Japanese soldier to surrender did so in 1974, 29 years after WWII was over.
6. A radio belonging to a British POW was hidden so well that when the soldier visited the camp 62 years later he found it right where he left it.

7. Leonard Dawe, a crossword compiler for the Telegraph, used D-Day operation code names as the answers to his puzzle a month before D-Day. MI5 interrogated him only to discover that it was a random coincidence.

8. HNLMS Abraham Crijnsen was a Dutch warship covered with tree branches to disguise it as a tropical island.

9. Two doctors in Poland discovered that the Nazis would not deport anyone to a concentration camp who tested positive for typhus in fear that the disease would spread. The two injected Jews and non-Jews in their city with a vaccine containing dead Epidemic Typhus that would test positive but have no adverse effects, saving approximately 8,000 lives.

10. Queen Elizabeth II joined the Women's Auxiliary Territorial Service and was trained as a driver and mechanic.

11. Canada declared war on Japan before the US did after the attack on Pearl Harbor.

12. Juan Pujol Garcia was a double agent who was awarded both the German Iron Cross and the Member of the British Empire award.

13. After the Treaty of Versailles, Ferdinand Foch said "This is not peace. It is an armistice for 20 years." 20 years later WWII broke out.

14. The Taj Mahal was covered with a scaffold to camouflage it as a stockpile of bamboo and misguide bombers.

15. The Mosque of Paris gave sanctuary to Jews by giving them Muslim IDs and hiding them in their underground caverns.

16. Royal Air Force sergeant Nicholas Alkemade fell 18,000 feet without a parachute and survived with only a sprained leg.

17. There's a Twitter account that narrates WWII as it happened on this day and time in 1944 onwards.

18. To prevent the Germans from finding out that the British had RADAR onboard aircraft, the British started a rumor that their pilots had excellent night vision from eating lots of carrots. This rumor has continued to today as many people think carrots improve eyesight.

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19. The President of Czechoslovakia, Emil Hacha, suffered a heart attack upon hearing of Hitler's plan to bomb the capital.

20. 80% of all Soviet males born in 1923 died in World War II.

21. Due to a metal shortage during the war, Oscar statuettes were made of painted plaster.

22. Approximately 5,500 leftover bombs are discovered and defused in Germany every year.

23. World War II cost each person in the US \$20,388.

24. Hitler's nephew, William Patrick Hitler, fought for the US Navy against his uncle.

25. Winston Churchill lost the 1945 election just two months after winning the war.

26. Hitler order the collection of 200,000 Jewish artifacts to be displayed at the end of the war in a trophy case called The Museum of an Extinct Race.

27. The Polish Army trained a brown bear named Wojtek to move crates of ammunition. After the war he lived at the Edinburgh Zoo.

28. During the war, Canada gave out buttons to people who tried to enlist but were refused due to medical reasons to show their willingness to fight.

29. When chocolate became scarce due to rationing an Italian pastry maker named Pietro Ferrero started adding chopped hazelnuts to chocolate to stretch the supply. The product, Pasta Gianduja, was renamed Nutella in 1964.

30. Hitler never visited a single concentration or death camp.

31. In the fall of 1940, Japan bombed China with fleas infected with bubonic plague.

32. All venomous animals at the London Zoo were killed at the beginning of the war in case the zoo was bombed and the animals escaped.

33. While serving as a commander of a motor torpedo boat, John F. Kennedy and his crew were hit by a Japanese destroyer and stranded in the Solomon Islands. Kennedy carved a message into a coconut shell and asked two natives to bring it to the nearest Allied base. They succeeded and Kennedy was rescued. The coconut shell was preserved as a paperweight on his desk in the Oval Office.

34. Tsutomu Yamaguchi is the only person the Japanese government recognizes as having survived both the Hiroshima and Nagasaki bombings.

*Submitted by Mike Messenger



Got a problem with the new VA Choice program call 1-877-881-7618 for assistance

VA News Release

VA Announces Community Care Call Center to Help Veterans with Choice Program Billing Issues

03/14/2016 12:30 PM EDT

VA Announces Community Care Call Center to Help Veterans with Choice Program Billing Issues

WASHINGTON – Veterans can now work directly with the Department of Veterans Affairs (VA) to resolve debt collection issues resulting from inappropriate or delayed Choice Program billing. In step with MyVA's efforts to modernize VA's customer-focused, Veteran-centered services capabilities, a Community Care Call Center has been set up for Veterans experiencing adverse credit reporting or debt collection resulting from inappropriately billed Choice Program claims. Veterans experiencing these problems can call 1-877-881-7618 for assistance.

“As a result of the Veterans Choice Program, community providers have seen thousands of Veterans. We continue to work to make the program more Veteran-friendly,” said Dr. David Shulkin, Under Secretary for Health. “There should be no bureaucratic burden that stands in the way of Veterans getting care.”

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The new call center will work to resolve instances of improper Veteran billing and assist community care medical providers with delayed payments. VA staff are also trained and ready to work with the medical providers to expunge adverse credit reporting on Veterans resulting from delayed payments to providers. VA is urging Veterans to continue working with their VA primary care team to obtain necessary health care services regardless of adverse credit reporting or debt collection activity.

VA acknowledges that delayed payments and inappropriately billed claims are unacceptable and have caused stress for Veterans and providers alike. The new call center is the first step in addressing these issues. VA presented The Plan to Consolidate Community Care in October of 2015 that outlines additional solutions to streamline processes and improve timely provider payment.

For more details about the Veterans Choice Program and VA's progress, visit: www.va.gov/opa/choiceact. Veterans seeking to use the Veterans Choice Program can call 1-866-606-8198 to find out more about the program, confirm their eligibility and schedule an appointment.

Women Vets

Do you ever hear anything in the media about these women? And they did it for less pay than what welfare recipients are paid!!!



We see lots of pictures of wounded male veterans but women vets get wounded and maimed too. You may need to take a second, closer look though. The first thing I saw was a bunch of beautiful smiles. Study this picture again. Let the story it tells sink in. These women and many others, as well as their male comrades, paid this price for our freedoms.

Rolling Thunder Calendar

Submitted by Mike Messenger

MAY

5-08-16 – Mother's Day BBQ @ VAMC – Chapter ladies will be entertaining the women veterans who are currently residents at the VA Medical Center. A "Tea" is being planned with gifts of a plant and personal items.

5-21-16 - Conifer – MMT - 0800 - This is the 5th year Chapter 1 will perform the Missing Man Table for the Veterans Coalition Rendezvous in Conifer CO. We travel to Conifer and are the "kick off" for this event. This event brings "vets services" to the mountains and for those vets who cannot travel to Denver.

5-27-16 – Fairmount Cemetery – 0800 – Chapter 1 joins the members of VFW 2461 to Place Flags at the headstones of those veterans who have been laid to rest at Fairmount Cemetery. We will pick them up a week later, June 3rd.

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5-28-16 – Englewood High School – 2:00 pm

– The chapter will be performing the MMT at the Englewood High School tribute to Veterans. This is our 2nd year to be invited, last year was the dedication of the Veterans Memorial at the school.

JUNE

6-04-16 – Annual Car Wash – 9:00 am - This is the chapter's yearly fund raiser. The Big Ben Car Wash in SW Littleton donates one of their car wash stalls and all proceeds from the car wash help to support our mission in helping vets.

6-10/11-16 Angel Fire – Joint efforts with VVA Chapter 1106.

6-18-16 – Flag Change – Ft. Logan -- 9:00 am – Chapter 1 changes out the POW/MIA flag at Ft Logan as needed.

6-19-16 – VAMC BBQ Sunday – Father's Day Chapter 1 prepares a BBQ for the residents of the VA Medical Center. We have also played music for them while they had their lunch.



50th Vietnam War Anniversary Commemoration Ceremony

**Tuesday 29 March 2016 @ 1300L Fort Logan
National Cemetery**

- 1030-1100** Ceremony Participants/Static Displays Arrive (Shelter A)
- 1130-1200** Ceremony Rehearsal (Shelter A)
- 1200** Static Displays available
- 1215** Public begins to arrive
- 1230** Cannon Fires (2 Practice Rounds), 101st Army Band Plays
- 1259** Navy Bell Tolls 5 times (1 each Branch of Service) Army/Marine Corps/Navy/Air Force/Coast Guard



Service Branch Reps – L to R: Lee White – Coast Guard, Mike Messenger – Air Force, Dave Lyons – Navy, John Williams – Marine Corps, Milt Omoto – Army



Bell Toller and Best Looking Dude Present – Bob Rotruck

From the Editor

I heard this song on my car radio on March 21, 2016 and I had tears in my eyes. I have never heard it before. Please read these lyrics to the end and if you've got a dry eye, you are a better person than me!

Old Army Hat - Written by Bill Anderson and Walt Aldridge

He came home to Tennessee a young man at the end of forty-five
Only one of seven men in his platoon that made it back alive
e must have seen some tough times
But he never talked too much about all of that
Put his pictures and his memories in the cedar

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chest
Everything but his old Army hat
By the time I graduated the winds of change had
blown across our land
They were burning flags and draft cards
When they bothered to take some kind of stand
And we used to laugh at grandpa
Like he was some old relic from the past
Cause he never left the house less he was
wearing
That funny looking worn out Army hat
Every eye was on him anytime that he went
anywhere
They whispered and they pointed
But you could tell that grandpa didn't care
"I ain't weaning this for them," he said, "It's a
whole lot more than that
For my buddies who gave everything the least
that I can do
Is keep on wearing this old Army hat!"
He called me up one morning said he'd seen it
on the news on his TV
They've opened up a monument to World War II
in Washington D.C.
I ain't getting any younger
And I wish someone would take me to see that
I couldn't help but think their gonna laugh at you
up there
If you show up in that silly Army hat
Two strangers both saluted as grandpa walked
up to the monument
One said thank you soldier for a job well done
the other said amen
And a young boy said sir my daddy went to war
and never made it back
Would you take a picture standing here beside
me
And maybe let me wear your Army hat
Every eye was on him and there was not a dry
one in the crowd
They whispered and they pointed
And grandpa stood up extra tall and proud
He said son just keep it
When the young boy tried his best to give it
back
You're a brave little soldier son and every soldier

needs
His very own authentic Army hat
For your daddy who gave everything the least
that I can do
Is pass on this old worn out Army hat

Editor - AMEN

Membership!

Welcome New Members:

Norman Pozner

James Marcille

Gary Harris

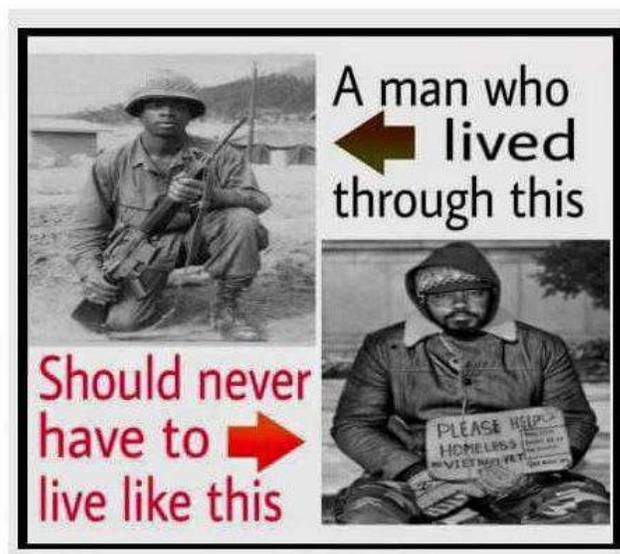
John Grace

VVA Chapter 1106 Membership

VVA - 48

AVVA - 14

Total: 62



We need to do all we can to prevent this – Editor

Election of Director/Officers

At the last chapter meeting on March 5th, the current board of Officers and Directors were re-elected to serve a two year term. The group was sworn in by Bob Rotruck – Election Chairman.

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L to R: Bob Rotruck, Hazel Simeon, Patrick Surrena, Milt Omoto, Lee White, Bob Easter, Joe Plant and Patti Ehline Missing: Paul Seppo who was sworn after the photo was taken.

Board of Directors/Officers

Lee White - President

Bob Easter - Vice-president

Paul Seppo - Treasurer

Hazel Simeon - Secretary

Board Members – Milt Omoto, Patti Ehline, Patrick Surrena, Joe Plant

Working Committees

(Folks are needed to fill some spots!)

Agent Orange/PTSD – Patti Ehline

Membership - Mike Karsh, Jim Marcille

Newsletter Editor - Bob Rotruck

Fundraising/Grants - Milt Omoto

Marketing/Media/Events - Pat Surrena

POW/MIA – Mike Messenger

Webmaster - Hazel Simeon

Women Veterans - Patti Ehline

Scholarship Program - Hazel Simeon, Richard Phillips, Bob Easter, Joe Langran, Paul Seppo, Mary Seppo, Bob Rotruck, Barbara Rotruck

Veteran Emergency Assistance Committee - Joe Plant, Bob Rotruck, David Lyons, Lee White

Education - Bob Easter, Patti Ehline, Lee White

Book/Articles Published by Members

No input!

Interesting facts about Arlington National Cemetery

Submitted by: Milt Omoto

Since 1868, Arlington National Cemetery has been the focal point of national Memorial Day commemorations. As the United States honors its fallen military heroes, explore eight surprising facts about one of the most sacred pieces of ground in America:



1. Arlington National Cemetery is located on Confederate General Robert E. Lee's confiscated estate.

Days after resigning from the U.S. Army on April 20, 1861, to take command of Virginian forces in the Civil War, Robert E. Lee left the Arlington estate where he had married Mary Lee and lived for 30 years. He would never return. After Virginia seceded from the Union on May 23, 1861, Union troops crossed the Potomac River from the national capital and occupied the 200-acre property and house that been built by George Washington Parke Custis, Mary's father and the step-grandson of George Washington. After Mary Lee, confined to a wheelchair, sent a representative instead of appearing personally to pay a \$92.07 tax bill, the government seized the property in 1864. With Washington, D.C., teeming with dead soldiers and out of burial space,

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Quartermaster General Montgomery C. Meigs formally proposed Arlington as the location of a new military cemetery. On May 13, 1864, 21-year-old Private William Christman of Pennsylvania, who had died of peritonitis, became the first military man buried at Arlington. To ensure the house would forever be uninhabitable for the Lees, Meigs directed graves to be placed as close to the mansion as possible, and in 1866 he ordered the remains of 2,111 unknown Civil War soldiers killed on battlefields near Washington, D.C., to be placed inside a vault in the Lees' rose garden.

2. A Supreme Court ruling in 1882 could have resulted in the exhumation of 17,000 graves.

More than a decade after Lee's death, the Supreme Court ruled that the U.S. government had seized his estate without due process and ordered it returned to his family in the same condition as when it was illegally confiscated. If followed, the ruling could have required the exhumation of all of Arlington's dead, but instead Lee's son officially sold the property to Congress for \$150,000 in 1883.

3. The cemetery hosted the first national Memorial Day commemoration in 1868.

In 1868, General John A. Logan, commander-in-chief of the Grand Army of the Republic, officially proclaimed May 30 as Decoration Day "for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion." The first national commemoration took place at Arlington on May 30, 1868, with General Ulysses S. Grant in attendance and General James Garfield as the featured speaker. Decoration Day was eventually renamed Memorial Day.

4. Arlington is the only national cemetery to hold servicemen from every war in U.S. history.

Although the first military burial at Arlington National Cemetery didn't occur until 1864, the burial ground holds the remains of those who

fought in every war since the Revolution. In 1892, soldiers killed in the Revolutionary War were reinterred from a Georgetown cemetery, and casualties from the War of 1812 have been reburied at Arlington as well.

5. Three World War II enemy combatants are buried at Arlington National Cemetery.

Scattered among America's honored dead are two Italian prisoners of war and one German prisoner of war captured during World War II. The three enemy combatants died in captivity in the Washington, D.C., area, and the Geneva Conventions required proper burials. With Arlington being the closest national cemetery, the men were buried there. In total, there are approximately 60 foreign nationals interred in Arlington, most being allied servicemen who perished in air disasters that included American soldiers.

6. Nearly 4,000 former slaves are buried at Arlington National Cemetery.

After seizing Lee's estate, the federal government set aside acreage to be a model community for emancipated, freed and fugitive slaves. Freedman's Village included farmland, homes, a hospital, a school and a mess hall before shuttering in 1900. African-Americans who lived at the village were buried on the property, and their graves were incorporated into Section 27 of Arlington National Cemetery. Their headstones are inscribed with "citizen" or "civilian."

7. There may never be another addition to the Tomb of the Unknowns.

Among the 5,000 unknowns entombed at Arlington are the unidentified remains of World War I, World War II and Korean War servicemen buried at the Tomb of the Unknowns. An unknown from the Vietnam War was entombed in 1984, but the remains were exhumed in 1998, positively identified by DNA testing as those of Air Force First Lieutenant Michael Joseph Blassie and reinterred at a military cemetery in Missouri. Advancements in DNA testing may mean that all

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future remains will be able to be positively identified and no future interments at the Tomb of the Unknowns will occur.

8. Soldiers plant flags in front of every tombstone on Memorial Day weekend.

On every Memorial Day weekend since 1948, troops in the 3rd U.S. Infantry Regiment—the Army's official ceremonial unit known as the "Old Guard"—have placed small American flags in front of all of Arlington's tombstones. Each flag is planted precisely one foot in front of a grave marker and perfectly centered. This year, 1,700 soldiers participated in the tradition known as "Flags-In." They planted approximately 220,000 flags on the Thursday evening before Memorial Day, and they will be removed at the holiday's conclusion.



Light Side Blind Cowboy

An old, blind cowboy wanders into an all-girl biker bar by mistake! He finds his way to a bar stool and orders a shot of Jack Daniels. After sitting there for a while, he yells to the bartender, 'Hey, you wanna hear a blonde joke?' The bar immediately falls absolutely silent.

In a very deep, husky voice, the woman next to him says, 'Before you tell that joke, Cowboy, I think it is only fair, given that you are blind, that you should know five things:

1. The bartender is a blonde girl with a baseball bat.
 2. The bouncer is a blonde girl with a 'Billy-Club'.
 3. I'm a 6-foot tall, 175-pound blonde woman with a black belt in karate.
 4. The woman sitting next to me is blonde and a professional weight lifter.
 5. The lady to your right is blonde and a professional wrestler.
- Now, think about it seriously, Cowboy ... do you still wanna tell that blonde joke?"

The blind cowboy thinks for a second, shakes his head and mutters, 'No ... not if I'm gonna have to explain it five times" .

Marriage Help

After 35 years of marriage, a husband and wife, Bill & Susan, came for counseling. When asked what the problem was, the wife went into a tirade listing every problem they had ever had in the years they had been married. On and on and on: neglect, lack of intimacy, emptiness, loneliness, feeling unloved and unlovable, an entire laundry list of unmet needs she had endured.

Finally, after allowing this for a sufficient length of time, the therapist got up, walked around the desk and after asking the wife to stand, he embraced and kissed her long and passionately as her husband watched - with a raised eyebrow. The woman shut up and quietly sat down in a daze.

The therapist turned to the husband and said, "This is what your wife needs at least 3 times a week. Can you do this?"

"Well, I can drop her off here on Mondays and Wednesdays,..... but I go golfing on Fridays."

Don't Mess with Grandmas!

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A sweet grandmother telephoned St. Joseph's Hospital.

She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?"

The operator said, "I'll be glad to help, dear. What's the name and room number of the patient?"

The grandmother in her weak, tremulous voice said, "Norma Findlay, Room 302."

The operator replied, "Let me put you on hold while I check with the nurse's station for that room."

After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her physician, Dr. Cohen, has scheduled her to be discharged tomorrow."

The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good news."

The operator replied, "You're more than welcome. Is Norma your daughter?"

The grandmother said, "No. I'm Norma Findlay in Room 302. No one tells me shit."

Trivia Answer

Five-Sided Puzzle Palace – Slang for the Pentagon

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FRIENDS OF CHAPTER 1106

 <p>ERC MANAGEMENT INC.</p>	 <p>Freddy's FROZEN CUSTARD & STEAKBURGERS®</p>	<p>ERC Management, LLC 791 Southpark Dr., Suite 600 Littleton, CO 80120 720.328.3299 www.FreddysUSA.com</p>
 <p>Caribou Coffee 12501 E Lincoln Ave Englewood, CO 80112 303-799-1258</p>	<p>American Legion Post 1260</p> 	
 <p>Home Depot Foundation 8477 S Yosemite St Lone Tree, CO 80124</p>	 <p>South Metro Denver Fire & Rescue 9195 E Mineral Ave Centennial, CO 80112</p>	
 <p>Monthly Membership Meetings VISITORS ARE ALWAYS WELCOME! 3rd Saturday of each month at 10:00a.m. Our meetings are held at: VFW Post 2461 1350 S Broadway, Denver, CO 80210</p>	 <p>APPLEWOOD PLUMBING HEATING & ELECTRIC SINCE 1973</p> <p>Applewood Plumbing Heating & Electric Main Billing Office: 5000 W 29th Ave. Denver, CO 80212 Phone: 303-232-6611 Fax: 303-477-4310 Email: custservice@applewoodfixit.com</p>	
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 <p>Jersey Mike's Subs 1390 S. Colorado Blvd. Denver</p>	 <p>STUDIO 1430 Main Office: 4700 South Syracuse Street, Suite 1050 Denver, CO 80237</p>	