



“Welcome Home” NEWSLETTER

Jan – Feb 2021 - VOL 7 NO 1



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Notice:

If you have moved or changed your address, PLEASE notify us immediately!
Contact: Dave Lyons, Membership Chair
E-mail: Snoyldavid@centurylink.net
Phone: 303 690 8776

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**Facebook: Vietnam Veterans of America
Chapter 1106**



Editor's Note:

This version of the newsletter is in Microsoft Document (.DOCX) format so that the [links](#) will work. Put your cursor over the link, depress your Control Key (ctrl) and depress your left mouse button and it will take you to the listed link position. PDF format, the links will not work.

The comments and editorial input does not necessarily reflect the opinion of the membership of our chapter. I would appreciate any feedback that you might have, items you liked or if you find offensive or derogatory in anyway. (bobrotruck73@gmail.com) Thank you for allowing me to be your editor.

Notes from the President

Lee White

HAPPY NEW YEAR!!!

I'm sure all of us are glad to see 2020 in the rear-view mirror, but with all the hurdles the pandemic caused, VVA Chapter 1106 continued to hold our monthly meetings via Zoom, held elections, awarded six \$2000 scholarships, membership reached a new milestone of 200, and had a special chapter holiday event.

As we enter 2021, I want to take this time to encourage all members to look ahead to a great year. Together, we will conduct our monthly business, stay in touch with one and another, and participate in special events. Poppy drives, baseball games, parades, and chapter picnics will be on our agendas.

It's been a privilege to be your VVA Chapter 1106 president over the past six years and look forward to 2021. It's because of YOU, our members, that VVA Chapter 1106 is so successful.

“History Corner”

By Chapter Historian: John Vargas

The following is a true copy of the very first VVA 1106 Newsletter. It contains a warm welcome and bio from its editor Robert (Bob) Rotruck. It also has a few notes from the Chapter President Lee White. It tells a little story of how Lee's long commute from Franktown to Arvada, few times a week, lead to a new Chapter in Centennial. Oh, I did forget to tell you? The March/April 2015 Newsletter was on three pages! “We've come a long way baby”



“Welcome Home” NEWSLETTER



“Member Feature”

Welcome to the 1st Chapter 1106 Newsletter

Editor: Bob Rotruck

This is our first Chapter 1106 newsletter and I hope you'll find it interesting, helpful, and informational. If you have any comments, corrections, or submissions, please contact me via email: bobrotruck73@gmail.com. I will probably ignore your input, but it is one way of determining if you even bothered to read it!

Let me tell you a little about me. I am fully retired (I'm collecting my Social Security “entitlement”). I retired from the Navy July 31, 1979 as a CWO3 after 20 years and 2 days, but I wasn't counting. I had a wonderful career which included a tour on the USS Kitty Hawk with VA-65 from NAS Oceana, VA. The Gulf of Tonkin was lovely in 1968/69 as my great crew of Aviation Electronics Techs and I repaired the A6A Intruder aircraft that pilots flew daily and broke as much as possible so that we wouldn't get bored when they returned to the ship. After my Navy career, I started a landscaping business which I loved it except for the issue of civilian employees not showing up, drunk, hangover, or just lazy. Boy, I missed my great sailor shipmates. My wife Barbara and I moved to Florida in 1985 from Chesapeake, VA and I got into the DoD contracting business as a Technical Writer for numerous companies. That lasted until we moved to Castle Rock, October 2005. We love living here. I could go on for 2 or 3 pages, but enough about me for now. You will only hear more when chapter members fail to give me any information to put into the newsletter.

Notes from the President

Lee White

Having some participation in veteran organizations since I retired in 2007, it came to my mind to investigate existing Colorado chapters of “Vietnam Veterans of America”. Guess what?? At this time, there were “zero” chapters. A year or so went past, then I noticed in a newspaper article that a new VVA Chapter was forming

in Arvada. Chapter 1071 in Arvada was formed in late 2012 and I was voted in as Secretary.

Living in Franktown presented a long commute to the Northwest side of Denver, so I thought about raising interest in the start-up of another VVA Chapter to support veterans in the South, and Southeast side of metro Denver.

Between September and December 2014, all the “pieces” came together to form VVA Chapter 1106 and received a charter from National Headquarters on December 31, 2014.

Currently, our membership has grown to 35 members with expectations of reaching 60 members within a couple of months.

Our single most important goal is to support the veteran who needs additional help.

WELCOME HOME!!

Military Trivia

What is **Pogey Bait**? See answer at the end of the Newsletter

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Never Alone under all conditions!

Upcoming Events

Saturday, April 4, 2015 – VVA Chapter 1106 membership meeting – South Metro Fire & Rescue Bldg., 9195 E. Mineral Ave., Centennial, CO.

Saturday, May 2, 2015 – VVA Chapter 1106 membership meeting – South Metro Fire & Rescue Bldg., 9195 E. Mineral Ave., Centennial, CO.

Saturday, May 9, 2015 – **Agent Orange Town Hall Meeting** – American Legion Post 161, Arvada, CO.



Fundraiser: Poppy Donations

Volunteers needed to man poppy donation stations to raise funds for helping veterans. Saturday, May 23, 2015 – Poppy Donation drive at King Soopers:

- Iliff & Buckley
- Quincy & Buckley
- Smokey Hill & Himalaya

Meeting Notice!

Meeting Change Notice!

June 6 Member meeting location change. This meeting will be held at: **Fire Station, 8871 Maximus Drive, Lone Tree, CO.**

Same time: 0900

The Saturday, July 4, 2015 meeting date has been change to Saturday, July 11, 2015. Same time, same place!

Membership Drive!

How many Vietnam Vets do YOU know in the South Metro area covered by Chapter 1106? Have YOU stepped up to the plate and asked them to join VVA1106? Do it! The worst they can say is no, but likely they will say, I didn't know there was such an organization in our area! Get the word out!!!



Faithful Guardian

Board of Directors/Officers

Lee White - President

Gary Fortner - Vice-president

Joe Plant - Treasurer

Hazel Simeon - Secretary

Members at large – Milt Omoto, Jack Hunter, Patrick Surrena

Working Committees

Agent Orange/PTSD -

Membership - Gary Fortner, Lee White, Jack Hunter

Newsletter Editor - Bob Rotruck

Fundraising/Grants - Milt Omoto

Marketing/Media/Events - Pat Surrena

POW/MIA -

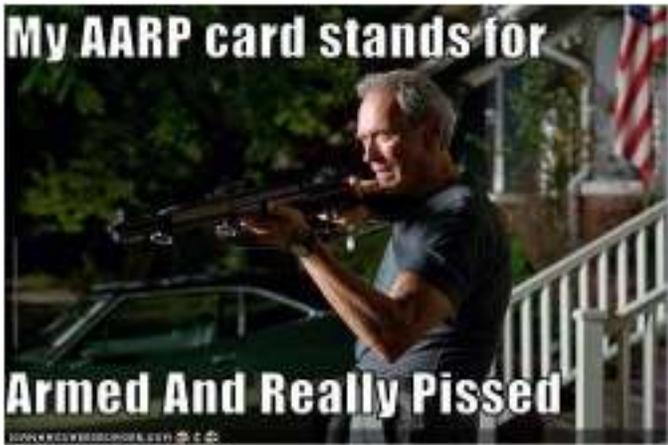
Webmaster - Hazel Simeon

Women Veterans - Patti Ehline

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Helping hand to a faithful friend!



Trivia Answer

US military term **pogey bait** for candy, ice cream or sweets in general, but the origin of this is obscure.

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Start 2021 Jan/Feb Newsletter

Member Feature

None this issue!

Quilts of Valor

By Jan Weber and John Vargas

In 2003, a quilter named Catherine Roberts started a movement that became QOV when her son was deployed in Iraq. Since that time over 260,000 quilts have been awarded. Their mission is to honor service members and veterans who have been touched by war with comforting and healing Quilts of Valor.

It takes from 45 to 60 hrs. to create each quilt and some may take up to six months. The process: Choose fabrics, then cut the fabric, only to sew all together again into a "top". This top contains blocks/pieces donated by several quilters. Once the top is done, one of their machines quilters puts the stitches in that hold the top, the batting and the back together. Then the quilt gets its final binding to secure all the layers. Quilts are made to be used!

A QOV is considered to be a formal expression of appreciation from a grateful nation. "The quilt is an expression of gratitude to thank and comfort you. We honor you for leaving all you hold dear to serve, weather in time of crisis or in time of peace. This quilt unequivocally says thank you for your service, sacrifice, and valor on serving our nation"

The foundation's tradition is to award the QOV by wrapping the awardee in his/her gifted quilt and offering a hug or handshake. They also award a certificate and a specially designed pillowcase for travel. They never ask for donations at an award ceremony. Even with this pandemic over 7,000 quilts have been awarded this year!

*VVA 1106 works with Alycia Carmen "Quilts of Valor"
www.quiltygirl.com

Military Trivia

ASW [Click here for end of the Newsletter Trivia Answer](#)

Guest Speaker – Nov Brian Johnson (Executive Director) and Tiffany Morgan (Chief of Staff), WarriorNOW – (www.wariornow.org)

The organization was founded as a way to eliminate the stigma associated with veterans dealing with mental health related concerns, PTSD, and/or addiction. They provide mentors to be with veterans throughout the judicial process when a veteran gets convicted. The organization provides support to any veteran of any era and irrespective of discharge status. Much like being in the service, they bring a team approach back into the lives of veterans. They leverage VA training available to non-clinical personnel for crisis management. The organization has served just under 900 veterans in just the last 4-months. They have a "Buddy room" called the Daniel's Room, that meets every evening at 7:00 PM to provide fellowship support to all who attend. Open to families on Wednesdays and Thursdays.

The organization also sponsors the All Wars Veteran Bowling League. Donald Malloy shared about the bowling league as a way for veterans to get together to make friends with other veterans, fellowship and share while bowling. They currently play at Summit Bowling Alley (580 E. 144th Avenue, Thornton). They are working to expand their adaptive bowling capabilities and can accommodate some now. They are working to secure a second bowling alley location at South Denver, Mississippi Avenue at Buckley Road (AMF Aurora Lanes).

Chapter 1106 has donated to this organization along with the Colorado State Council.

Dec Bio Speaker - None

Membership! (As of 12-20-20)

VVA - 160

AVVA - 41

Total – 201

Welcome New Members:

VVA

Bill Fuller (USMC)

Walter Leuci (Air Force)

AVVA

Chris Boyer (USMC)

Board of Directors/Officers

Lee White – President

Dave Lyons – Vice-president

Mike Huber – Treasurer

Secretary – Milt Omoto

Board Members – Patti Ehline, Glen Payne, Tom

Werzyn, Ron Smith, John Vargas, Dan Green, Joe

Plant, Rev. Garry Turks

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Special Chapter Positions

AVVA Liaison to chapter Board of Directors – Litta Plant-Schaper
Chaplain – Rev. Garry Turks
Chapter Historian – John Vargas
Database/Audio – Jack Hunter
Government Affairs – Tony Nickerson
Sergeant-at-Arms – Rob Senatore
Chapter Nurse – Patti Ehline

Working Committees

- Agent Orange/PTSD: Patti Ehline
- Color Guard: Jay Quiring (Command Sergeant), Don McNeely, Dan Green, Thom Frey, Clarence Rebolledo, Robert Senatore, Tony Nickerson, Ron Smith, Leann Stelzer, Alexis Winemiller
- Event Coordinator: Ron Smith – Chair, Lee White, Michelle Mallin
- Fundraising/Grants: Milt Omoto
- Marketing/Media/Events: Tom Werzyn, Michelle Mallin
- Membership: Dave Lyons – Chair, Lee White, Litta Plant-Schaper (AVVA Roster Updates)
- Mental Health: Patti Ehline, Warren Harrison, Joe Plant
- Name Tags: Litta Plant-Schaper
- Newsletter Editor: Bob Rotruck
- Promotional Items: Leann Stelzer, Clarence Rebolledo
- Refreshments: Alexis Winemiller, Jason Longmore
- Scholarship Program: Mike Karsh and Jim Marcille – Co-chairs, Glen Payne, Gary Weston, Mike Vallow, Rebecca Webb, Cliff Butler, Lou Grounds, Tom Werzyn
- Social – Jim Marcille, Glen Payne, Mike Karsh, John Vargas
- Speakers Bureau Tom Werzyn – Chair, Bob Mallin, Glen Payne, Dave Lyons
- Veteran Emergency Assistance Committee: Joe Plant, Dave Lyons, Dan Green, Bruce Arndt, Lee White
- Voices for Veterans: Warren Harrison, Patti Ehline, Joe Plant
- Webmaster: Bob Rotruck
- Women Veterans: Patti Ehline

Meetings/Events Calendar - 2021

Goodbye 2020

January 2, 2021 - VVA Chapter 1106 Monthly Meeting (ZOOM)

February 6, 2021 - VVA Chapter 1106 Monthly Meeting (ZOOM)



In Memoriam



As of: 12/20/2020

Total Funeral Homes Visited - 2,460
Cremains Found – 23,589
Veterans Cremains Identified – 5,178
Veterans Interred – 4,718

Events:

Ben Franklin Academy

The BFA once again honored military active duty and veterans on Veterans Day, Nov 11th.

Ms. Nikki Busto, Ben Franklin CEC Committee

Dear Nikki

I've had the privilege of talking with students in their classrooms and attending previous Veteran's Day tributes at BFA. This event was different due to the Covid 19 virus and its restrictions.

Once again, your committee, the faculty, parents and most important the students of BFA found a unique way to honor veterans. An innovative approach to bypass the customary indoor activities.

At an early hour of 7 AM on November 12, 2020, there stood proudly Mr. Andy Michaud, a renowned bag piper in his traditional attire playing the bagpipes to welcome us. This welcome continued with an array of bright shiny eyes. I'm sure the protective face coverings hid

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giant smiles! Hot coffee, OJ, breakfast burritos and a heartwarming hand decorated "Thank You Veteran" card was included

The next 30 to 40 minutes we witnessed a steady stream of well-wishers as they surrounded BFA like a wagon train of onlookers in awe! What an impressive display of gratitude. The stream of cars with parents, students and faculty all blowing horns and waving Old Glory in our honor made many of us wipe tears from our eyes while we waved in our own respectful manner.

On behalf of the veterans that attended and those that couldn't witness this special tribute, please accept and relay our sincere thank you to ALL involved.

Sincerely,

John A. Vargas

Vietnam Veteran

MOPH 1041 & VVA 1106



Honoring Our Four-Legged Warriors

The Layton, Utah VVA Chapter 1079 has honored service dogs with a memorial sculpture.



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Plaques on Service Dog Memorial



Quilts of Valor

The photo of Richard Eisenberg was taken at a Quilts of Valor ceremony held by Cherry Creek Schools.



Suzanne at The Wall



We went to do a wall washing on Saturday. We started at 0630 so when we were finished, we walked over to the Korea Memorial. There were no visitors and all the beauty of Fall.



Korean Memorial Wall



Korean War Memorial

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November Coat Drive



Chapter 1106 Coat Drive for 2020

A big Thank You to all who supported our Coat Drive!

We collected coats, new socks, new underwear and other clothing, enough to fill the social worker's van! All donated items will go to veterans in need.

Pictures from the Castle Rock Clothing Collection Point (Patti Khine)



David Yates delivering a huge sack of coats Bags of clothing Patti's drop-off point Joe, Tasha and Patti

Pictures from the Highlands Ranch Clothing Collection Point (John Vargas)



Friends and neighbors of John

Thank You

Did You Know

Each newsletter, you will see a different service branch to help you know the naming differences between the different services!

Marine Corps Officer Ranks

- Second Lieutenant (1LT) (01)
- First Lieutenant (2LT) (02)
- Captain (CAPT) (03)
- Major (MAJ) (04)
- Lieutenant Colonel (LTC) (05)
- Colonel (COL) (06)
- Brigadier General (BG) (07)
- Major General (MG) (08)
- Lieutenant General (LTG) (09)
- General (GEN) (010)

Warrant Officer Ranks

- Warrant Officer 1
- Chief Warrant Officer 2
- Chief Warrant Officer 3
- Chief Warrant Officer 4
- Chief Warrant Officer 5

Marine Corps Enlisted Ranks

- Private (E1)
- Private First Class (E2)
- Lance Corporal (E3)
- Corporal (E4)

- Sergeant (E5)
- Staff Sergeant (E6)
- Gunnery Sergeant (E7)
- First Sergeant (E8)
- Master Gunnery Sergeant (E9)
- Sergeant Major (E9)
- Sergeant Major of the Marine Corps (E9)



LOOK AT THAT IDIOT FLYING FREE! HE NEEDS TO BE SAFE LIKE US!



GOD BLESS THE USA!!!

Announcement Corner

The Real Miss America

From Lou Zoghby, WWII Vet



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Vanessa Dobos is a gunner on a USAF AC-130 Gunship. She has seen action in Iraq and Afghanistan. She like long walks on the beach, men who aren't afraid to cry, and puppies. Her dislikes include feed tray stoppages, tracer flare-out of her NVG's, and premature fixed-wind strikes scattering her high value targets. This 19-year-old ex-cheerleader now an Air Force Security Forces Sniper, was watching a road in Pakistan that led to a NATO military base when she observed a man digging by the road. She engaged the target (she shot him). It turned out he was a bomb maker for the Taliban, and he was burying an IED that was to be detonated when a U.S. patrol walked by 30 minutes later. It would have certainly killed and wounded several soldiers.

The interesting fact of this story is the shot was measured at 725 yards. She shot him as he was bent over burying the bomb. The shot went through his rectum and into the bomb which detonated; he was blown to pieces. The Air Force made a motivational poster of her. (Folks, that's a shot 25 yards longer than seven football fields) and the last thing that came out of his mouth ... was his ass!

If You Can Not Stand Behind Our Troops, please feel free to stand in front of them!

Books/Articles

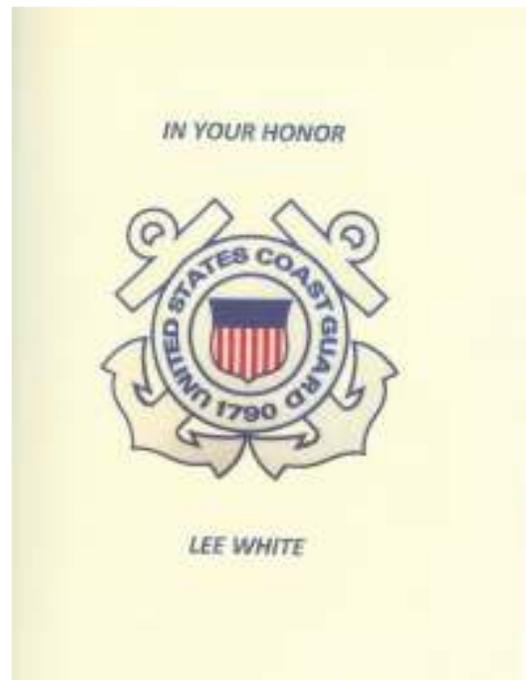
What Is Your Story?

From the Editor

What is your story? Yes, you all have special stories about your time in the military, serving our country! Some are happy and some profoundly serious. I know you have stories because I hear you sharing them before and after our meetings. It is time you shared those stories with all of us. If you will just take the time to sit down at your computer or use your "smart" phone or even a pencil and paper and write your story and send or hand it to me, you will end up with a \$5.00 gift card for a cup of coffee!

Lee White

Thank you John Vargas for putting together the wonderful booklet that was presented to our Chapter President – Lee White during our 2020 Virtual Christmas Party, December 19th. This is the cover!



The following is a great picture of the woman that has made Lee the great man and leader that he is!!!



Cookie White has a big smile and thanked the Social Committee and Board Members for her beautiful Christmas flower arraignment.

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Sharing the Foxhole REVEREND GARRY TURKS



For over twenty years I have interviewed selfless, accomplished military veterans and outstanding civilian heroes. Yet never a man of the cloth! My golden opportunity came when Garry Turks was nominated and unanimously voted to join the VVA 1106 Board of Directors in 2020.

To meet this man is truly an experience. His high energy pace, positive outlook and love for mankind is unmistakable. The pleasure was all mine to sit and chat with Reverend Garry Turks at the Highlands Ranch Colorado library. Perfect location known for its peaceful surroundings and social distancing during this 2020 Covid-19 pandemic.

He and his lovely wife Naomi have been married for over 52 years. Together, they have five children, and all are in law enforcement and living throughout the United States.

Garry was born in 1947 in East St. Louis, Missouri. He attended high school in St. Louis, where he excelled on both the swimming and gymnastics teams. East St. Louis was a tough area to spend your growing years as a young man. He managed to stay out of harm's way and avoided trouble. His father was a mortician. That's where Garry began to learn about that business. Meanwhile, his mother had a very interesting profession. She handmade costumes for a specialized group of ladies called Playbox Bunnies.

To escape the temptations of the neighborhood, the Turks' family moved to Denver, Colorado in 1968. Shortly, thereafter, he joined the Marines and was sent to Camp Pendleton, California. The Marines read his resume that highlighted work with his father and gave him a special MOS of M4350, a Mortician.

In 1965, Garry was shipped to Da Nang to a medical mortuary. All bodies, both American and South Vietnamese were readied and sent home. The South Vietnamese bodies were sent to the Vietnamese Council. It didn't get any better for Garry. He was then assigned to perform "After Battle" pickups via medical helicopters, always under hostile enemy gunfire. He was easily identifiable by the red cross on his helmet. In 1967, while on a body recovery mission in Chu Lai, Garry was shot in the abdomen and spleen. He thought it was gravel kicking up from the helicopter blades. His adrenaline allowed him to continue to load bodies onto

the chopper. He was bleeding and in shock! The next 40 days were in a Da Nang hospital prior to returning to Camp Pendleton. Garry was awarded the Purple Heart for his wounds and the Bronze Star for his bravery under fire.

Upon returning home, he took over the Pipkin Mortuary business from his father. He then attended USC and obtained a Mortuary Bachelor of Science. Then in 1972 he graduated from Denver Christian College with a Degree in Theology. He became a Veteran Chaplain for the DAV, American Legion, Salvation Army, American Red Cross, and the Volunteers of America. If that wasn't enough, Reverend Turks is the National Chaplain for the N.A.A.C.P.

Today, Reverend Garry Turks continues as the owner of Pitkin Mortuary that has been in business for over 55 years. To his credit, he has been a featured speaker at various opening ceremonies such as: the new Denver VA Hospital, the Golden VA Outpatient Clinic, the Colorado Springs VA Center, and the Pueblo Vets Center. He gave the opening prayer at the dedication of the Wyoming PTSD Building.

It's not easy to catchup to Reverend Turks. He is constantly on the move attending funerals and interments at Ft. Logan National Cemetery or visiting veterans that are ill at facilities or at their homes.

One small footnote: Reverend Garry Turks has been the Associate Minister at Zion Baptist Church in Denver for over 52years. This wonderful Man of God also leads our VVA 1106 in prayer at the beginning of our monthly meetings.

Like many veterans and the people in our community and in Washington D.C, I feel truly blessed to know this wonderful prolific "Man of the Cloth"

Thank you for sharing part of your story.
Submitted by: John Vargas

Canada's Remembrance Day

Submitted by Joe Plant

Port Rowan, Ontario was put on the map by this extraordinary teacher from Valley Heights High School back in 2005.

In September of 2005, on the first day of school, Martha Cothren, a History teacher at Valley Heights High School in Port Rowan, Ontario, did something not to be forgotten. On the first day of school, with the permission of the school superintendent, the principal, and the building supervisor, she removed all of the desks in her

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classroom. When the first period kids entered the room, they discovered that there were no desks. 'Ms. Cothren, where are our desks?'

She replied, 'You can't have a desk until you tell me how you earn the right to sit at a desk.'

They thought, 'Well, maybe it's our grades.' 'No,' she said.

'Maybe it's our behavior.' She told them, 'No, it's not even your behavior.'

And so, they came and went, the first period, second period, third period. Still no desks in the classroom. Kids called their parents to tell them what was happening and by early afternoon television news crews had started gathering at the school to report about this crazy teacher who had taken all the desks out of her room.

The final period of the day came and as the puzzled students found seats on the floor of the desk-less classroom. Martha Cothren said, 'Throughout the day no one has been able to tell me just what he or she has done to earn the right to sit at the desks that are ordinarily found in this classroom. Now I am going to tell you.'

At this point, Martha Cothren went over to the door of her classroom and opened it. Twenty-seven (27) Veterans, all in uniform, walked into that classroom, each one carrying a school desk. The Vets began placing the school desks in rows, and then they would walk over and stand alongside the wall. By the time the last soldier had set the final desk in place those kids started to understand, perhaps for the first time in their lives, just how the right to sit at those desks had been earned.

Martha said, 'You didn't earn the right to sit at these desks. These heroes did it for you. They placed the desks here for you. They went halfway around the world, giving up their education and interrupting their careers and families so you could have the freedom you have. Now, it's up to you to sit in them. It is your responsibility to learn, to be good students, to be good citizens. They paid the price so that you could have the freedom to get an education. Don't ever forget it.'

By the way, this is a true story. And this teacher was awarded Veterans of Foreign Wars Teacher of the Year in 2006. She is the daughter of a WWII POW.

Do you think this is worth passing along so others won't forget either, that the freedoms we have in this great country were earned by our Veterans?

Let us always remember the men and women of our military and the rights they have won for us

PAWS AND READ

Submitted by: John Vargas

This new article is about Service Pals. We will try to tell you their stories and perhaps something about their handlers.

This is 3-year-old NOODLE!

Noodle came from a kill shelter in Kansas. He was picked up as a skinny stray, underweight, with sores on his little body. He had zero training and was very short on manners. But Freedom Service Dogs saw his love for people and that handsome face, so his life was spared. He began special training for a shot at becoming a veteran's service dog.

In 2018, the match was made. Marine Veteran Chris Boyer and Noodle were united and have been looking after each other ever since. Some of Noodle's hobbies are camping, hiking, traveling, snuggling, playing, finding ways to scratch his back and working for treats. But, most importantly, keeping a watchful eye on his Marine.



*Chris Boyer is currently the Assistant Director of the Colorado Honor Bell Foundation. Both Chris and Noodle have given permission for this article.

*If you would like to tell us about your service Pal, contact John Vargas at jav0627bc@gmail.com and we would be honored to tell their story.

POW/MIA News

Published by Hartford, CT Chapter 120

From National League of POW/MIA Families

The POW/MIA Flag has been restored to its rightful position on top of the White House! We deeply appreciate recognition on this Veterans Day of our UNRETURNED VETERANS from the Vietnam War and earlier wars and conflicts that the POW/MIA Flag represents. We are grateful to President Trump, Secretary of Veterans Affairs Wilke and members of the White House staff who made this happen. This action reinforces America's priority on the need to account as

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fully as possible for our Veterans who served and have yet to return to our country and their families.

We honor and remember all Veterans who served and sacrificed for our Nation and the freedoms and principles the United States of America represents to all Americans and people around the world. Have a meaningful Veterans Day!

MyHealthVet

Submitted by: Nurse Patti

Do you want to give an update on your current health condition? Do you want to ask for a renewal of your medicine? Use MyHealthVet Secure Messaging to communicate online with your VA health care team. Secure Messaging is a safe and secure web-based messaging service. Secure Messaging allows you to:

Ask non-urgent, non-emergency health related questions.

Update your VA health care team on your health condition.

Request VA referrals and medication renewals.

Manage your VA appointments.

Ask routine administrative questions.

Like email, Secure Messaging allows you to write a message, save drafts, review your sent messages, and maintain a record of your conversations. You communicate online with your VA health care team member who has chosen to participate in Secure Messaging. You can also set your preferences to notify your personal email when a Secure Message is waiting for you in your My HealthVet inbox.

You may send a non-urgent, non-emergency message at any time. Your VA health care team should respond to your message(s) within 3 business days. Business days are Monday through Friday from 8am to 5pm (business days do not include after hours, weekends, or federal holidays).

To use the Secure Messaging feature, you must have registered on My HealthVet as a VA Patient and have a Premium account. A Premium account can be obtained by a MyHealthVet member who has an Advanced account. Learn more about upgrading your My HealthVet account through upgrading to a Premium My HealthVet Account.

If you do not have a My HealthVet account, take time and Register Today. Do not forget to opt-in to receive email notifications for Secure Messaging.

Access this convenient tool under the Secure Messaging tab in My HealthVet after you log in. <https://www.myhealth.va.gov/mhv-portal-web/home>

“New” Newsletter Section - Quiz Can you identify any of these veterans? Answers at end of newsletter!

Editor's Note 1: Some of these pictures were taken with some of the finest Brownie Hawkeye cameras available!!!

Editor's Note 2: Some of these pictures are intentionally fuzzy so they can't be identified by the FBI



1



2

Never Again Will One Generation of Veterans Abandon Another

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3



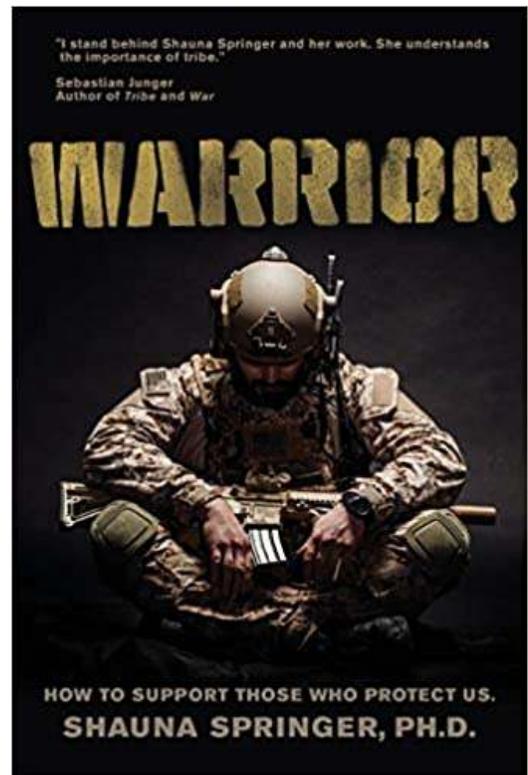
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5



6



WARRIOR HOW TO SUPPORT THOSE WHO SUPPORT US

Author: Shauna Springer, PH. D, copyright in 2020
Notes from Tom Werzyn - Let me again suggest that those who are interested in being able to aid our brothers in distress might want to get and read the book. The book has been reviewed in the Books in Review II section of the Veteran Magazine. Amazon has it listed for \$15.95. The author develops and presents several ideas and concepts that are indeed workable by the

Never Again Will One Generation of Veterans Abandon Another

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layman, who wants to try to help! I won't call it required reading, but it sure puts incidents and triggers in a perspective we can all see and understand. Do a think on this one, and if you are so moved, let's put the suggestion out to the membership, please- especially in light of the potential threat of more draconian measures as this pandemic continues to affect all we do and are involved in ... unintentional triggers abound, all around us.

Thanks, take care and be safe! Werz

Light Side

Warning: Sensitive Subject

USMC Sergeant Major

Submitted by: Dave Pruett, LCol, USMC (Ret)

The Marine Corps found they had too many officers and senior enlisted men. It was decided to offer some of them an early retirement bonus. They promised any officer or senior enlisted man who volunteered for retirement a bonus of \$1,000 for every inch measured in a straight line between any two points in his body. Those applying got to choose what those two points would be. The first officer who accepted asked that he be measured from the top of his head to the tip of his toes. He was measured at six feet and walked out with a bonus of \$72,000.

The second officer who accepted was a little smarter and asked to be measured from the tip of his outstretched hands to his toes. He walked out with \$96,000.

The third one was a non-commissioned officer, a grizzly old Sergeant Major. When asked where he would like to be measured, he replied, "From the tip of my penis to the back of my balls."

The pension man asked if he wanted to reconsider his choice, explaining about the nice big checks the previous two officers had received. But the old Marine insisted, and they decided to go along with him, providing the measurement was taken by a medical officer.

The medical officer arrived and instructed the Sergeant Major to drop 'em, which he did. The medical officer placed the tape measure on the tip of the penis and began to work back. "Dear Lord!" he suddenly exclaimed. "Where are your testicles?"

The old Sergeant Major calmly replied, "Vietnam."



A story of **HARD WORK.**

Every morning, the CEO of a large bank in Manhattan walks to the corner where a shoeshine is always located. He sits on the couch, examines the Wall Street Journal, and the shoeshine gives his shoes a shiny, excellent look.

One morning the shoeshine asks the Executive Director: What do you think about the situation in the stock market?

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The Director asks in turn arrogantly: Why are you so interested in that - that topic?

"I have a million dollars in your bank," the shoeshine says, "and I'm considering investing some of the money in the capital market."

"What your name?" Asks the Director.

John Smith H.

The Director arrives at the bank and asks the Manager of the Customer Department: Do we have a client named John Smith H.?

Certainly –answers the Customer Service Manager, he is a highly esteemed customer. He has a million dollars in his account.

The Director comes out, approaches the shoeshine, and says, "Mr. Smith, this coming Monday, would you to be the guest of honor at our board meeting and tell us the story of your life. I am sure we will have something to learn from you. At the board meeting, the Executive Director introduces him to the board members, "We all know Mr. Smith, who makes our shoes shine in the corner, but Mr. Smith is also our esteemed customer with a million dollars in his account. I invited him to tell us the story of his life. I am sure we can learn from him.

Mr. Smith began his story! "I came to this country fifty years ago as a young immigrant from Europe with an unpronounceable name. I got off the ship without a penny. The first thing I did was change my name to Smith. I was hungry and exhausted. I started wandering around looking for a job but to no avail. Suddenly I found a coin on the sidewalk. I bought an apple. I had two options: eat the apple and quench my hunger or start a business. I sold the apple for two dollars and bought two apples with the money. I also sold them and continued in business. When I started accumulating dollars, I was able to buy a set of used brushes and shoe polish and started polishing shoes. I didn't spend a penny on entertainment or clothing, I just bought bread and some cheese to survive. I saved penny by penny and after a while, I bought a new set of shoe brushes and ointments in different shades and expanded my clientele. I lived like a monk and saved penny by penny. After a while I was able to buy an armchair so that my clients could sit comfortably while cleaning their shoes, and that brought me more clients. I did not spend a penny on the joys of life. I kept saving every penny. A few years ago, when the previous shoeshine on the corner decided to retire, I had already saved enough money to buy his shoeshine location at this great place. Finally, three months ago, my sister, who was a prostitute in Chicago, passed away and left me a million dollars. (Editor: Didn't expect that did you!)

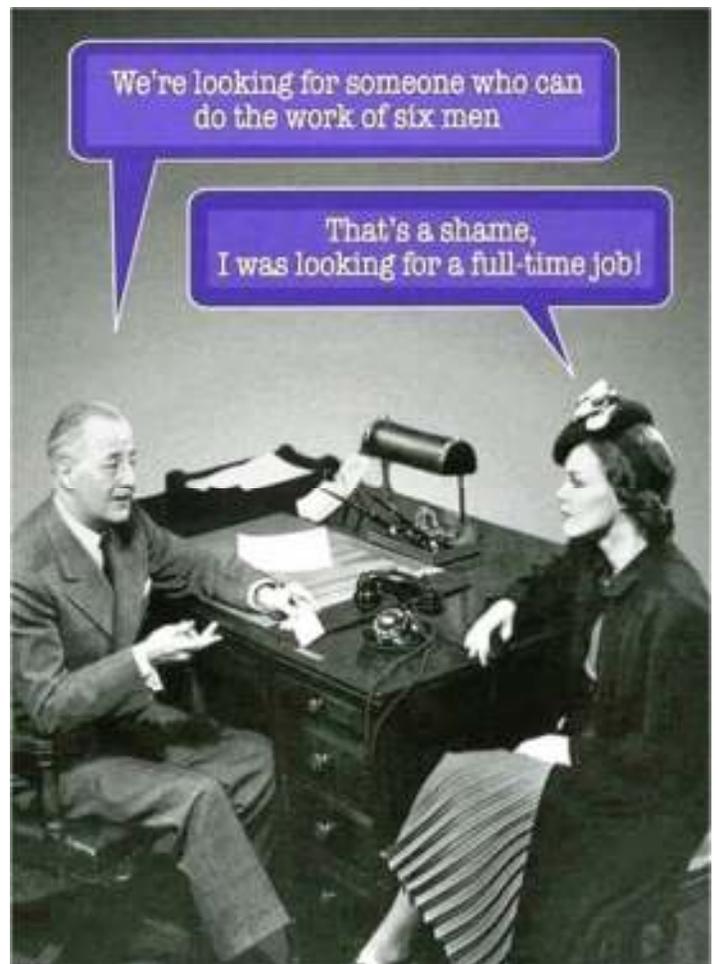
A new supermarket opened near my house. It has an automatic water mister to keep the produce fresh. Just before it goes on, you hear the sound of distant thunder and the smell of fresh rain.

When you approach the milk cases, you hear cows mooing and experience the scent of fresh hay.

When you approach the egg case, you hear hens cluck and cackle, and the air is filled with the pleasing aroma of bacon and eggs frying.

The veggie department features the smell of fresh buttered corn.

I don't buy toilet paper there any more.



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Our Generation in Pictures



Never Again Will One Generation of Veterans Abandon Another

EXERCISE FOR PEOPLE OVER 60

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato bags. Then try 50-lb potato bags and eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level).

After you feel confident at that level, put a potato in each bag.

Editor: Who would have thought 67 years ago?

The Tacoma News Tribune, April 11, 1953.

**There'll Be No
Escape in Future
From Telephones**

PASADENA.— P —The telephone of the future?

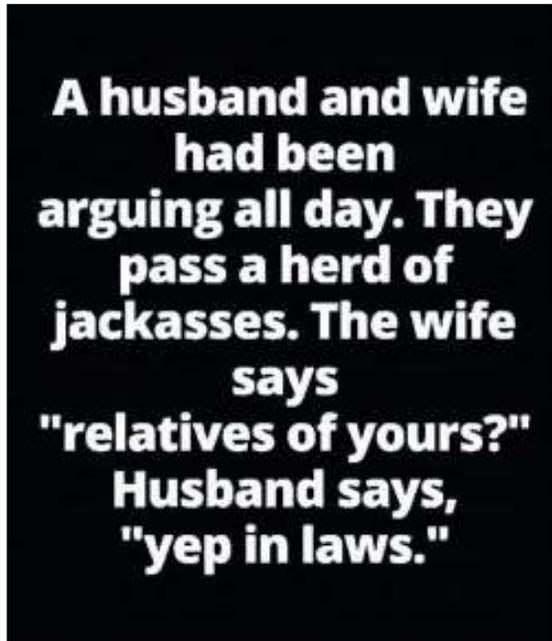
Mark R. Sullivan, San Francisco, president and director of the Pacific Telephone & Telegraph Co., said in an address Thursday night:

"Just what form the future telephone will take is, of course, pure speculation. Here is my prophecy:

"In its final development, the telephone will be carried about by the individual, perhaps as we carry a watch today. It probably will require no dial or equivalent, and I think the users will be able to see each other, if they want, as they talk.

"Who knows but what it may actually translate from one language to another?"

Irish Humor from Lee White



Trivia Answer

ASW: Anti-Submarine Warfare

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Picture Quiz

1. Bob Mallin – RVN Highlands – 1966/67
2. Alvin Arrowood – Phu Lam Signal site - 1969
3. J. David Yates – 1975/76
4. Tom Werzyn – Army – June 1968
5. Warren Harrison – Army – year?
6. Mike Huber – Army 1968

If any chapter member got all these names correct, you are entitled to wear your COVID-19 mask all of 2021! YOUR EDITOR!!!



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UPCOMING EVENTS OF INTEREST

Date of Revision: November 7, 2020

Date	Event	Location
January 2020		
January 3 (Friday)	Jack Hunter presentation on Coast Guard in 'Nam	Castle Rock Senior Center
January 4 (Saturday)	Monthly Chapter Meeting	South Metro Fire & Rescue Building
January 17-18	Conference of State Council Presidents and BOD	Silver Spring, MD
February 2020		
February 1 (Saturday)	Monthly Chapter Meeting	South Metro Fire & Rescue Building
February 11 (Tuesday)	American Legion Post 1 Chapter Presentation	5400 E Yale Ave, Denver, CO
March 2020		
March 14 (Saturday)	Colorado State Council Meeting	Castle Rock Philip S. Miller Library
March 21 (Saturday)	Monthly Chapter Meeting *** CANCELLED ***	
March 29 (Sunday)	National Vietnam Veterans Day (observed)	Events at various locations
April 2020		
April 4 (Saturday)	Monthly Chapter Meeting *** CANCELLED ***	
April 16-18	Conf. of State Council Presidents * CANCELLED *	Silver Spring, MD
April 19 (Sunday)	UVC Awards Banquet *** CANCELLED ***	3801 Quebec, Denver
April 19 (Sunday)	Rockies vs. Cardinals Game *** CANCELLED ***	Coors Field
May 2020		
May 2 (Saturday)	Monthly Chapter Meeting	via Teleconference
May 23 (Saturday)	Memorial Day "Poppy Drive" *** CANCELLED ***	King Sooper Stores (TBD)
May 24 (Sunday)	Rockies vs. Phillies Game *** CANCELLED ***	Coors Field
May 25 (Monday)	Memorial Day Events (Note: Many will be cancelled)	Various Locations
June 2020		
June 6 (Saturday)	Monthly Chapter Meeting	Zoom On-Line
June 13 (Saturday)	Colorado State Council Meeting	Castle Rock Philip S. Miller Library
June 13 (Saturday)	Motorcycle Fund Raiser *** CANCELLED ***	Fay Meyers Motorcycle World
July 2020		
July 4 (Saturday)	Monthly Chapter Meeting	Zoom On-Line
July 14-18	2020 National Leadership Conf. ** CANCELLED **	Crowne Plaza Hotel, Dayton Ohio
July 19 (Sunday)	Rockies vs. Braves Game *** CANCELLED ***	Coors Field
August 2020		
August 1 (Saturday)	Monthly Chapter Meeting	Zoom On-Line
August 15 (Saturday)	Family Summer Picnic *** CANCELLED ***	Falcon Park, Highlands Ranch
September 2020		
September 5 (Saturday)	Monthly Chapter Meeting	Zoom On-Line
September 7 (Monday)	Rockies vs. Cubs Game *** CANCELLED ***	Coors Field
September 12 (Saturday)	Colorado State Council Meeting	Castle Rock Philip S. Miller Library
October 2020		
October 5 (Saturday)	Monthly Chapter Meeting Zoom	Zoom On-Line
October 8-10 (Thurs-Sat.)	Conf. State Council Presidents ** CANCELLED **	Silver Spring, MD
November 2020		
November 5 (Thursday)	CCSD Veteran Military Appreciation Football Game	Live Stream On-Line
November 7 (Saturday)	Monthly Chapter Meeting Zoom	Zoom On-Line

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November 11 (Wed.)	Veterans Day, Various Events (check websites)	Various Locations and Venues
November 14 (Saturday)	Veterans Weekend "Poppy Drive" * CANCELLED *	King Sooper Stores (TBD)
November 7 th to 21 st	Chapter Clothing Drive (please see flyer for details)	Various Location Drop-Off Points
December 2020		
December 5 (Saturday)	Monthly Chapter Meeting	Zoom On-Line
December 12 (Saturday)	Colorado State Council Meeting	Castle Rock Philip S. Miller Library
December 19 (Saturday)	Chapter 5th Annual "Zoom" Holiday Party	Virtual On-Line Event

VVA Chapter 1106 Annual Calendar of Events 2020

Date of Revision: November 7, 2020

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FRIENDS OF CHAPTER 1106

	<p>South Metro Denver Fire & Rescue 9195 E Mineral Ave Centennial, CO 80112</p>	<p>American Legion Post 1260</p> 
	<p>Spradlin Printing, Inc. 11903 S. Parker Road Parker, CO 80134</p>	
 <p>American Family Insurance 3989 E. Arapahoe Road #20 Centennial, CO 80122 720-361-0155</p>		 <p>The Honor Bell Foundation PO Box 1432 Englewood CO 80150 720.282.9182 www.honorbell.org</p>
 <p>THRIVENT FINANCIAL® <i>Connecting faith & finances for good.®</i> 9137 E Mineral Cir Ste 100 Englewood, CO 80112-3422</p>		 <p>Home Depot Foundation 8477 S Yosemite St Lone Tree, CO 80124</p>
	<p>King Soopers 9551 S. University Blvd., Highlands Ranch, CO 80126</p>	 <p>STUDIO 1430 Main Office: 4700 South Syracuse Street, Suite 1050 Denver, CO 80237</p>
 <p>Military Order of Purple Heart, Chapter 1041, Arvada, CO</p>		 <p>ZILLOW GROUP 10771 E. Easter Ave Centennial CO 80112</p>
	<p>American Home Agents Brian Karsh, Broker Associate 720-327-1562</p>	 <p>PARKER MEDICAL SUPPLY STORE 9845 S Parker Rd Parker, CO 80134 303-840-4444</p>